

SCTP Necessary Items Per Discipline

Here is a basic list of items you can use to perform in each discipline of the shooting sports community.

Some items can be used in multiple disciplines. Items listed are suggestions, and many factors may vary based on personal preference.

Compatible with All Disciplines

Shooting vest

- <http://www.gamaliel.com/prodcat/vests.asp>

Shooting pouch

- <http://www.gamaliel.com/prodcat/bags-pouches.asp>

Ear plugs (Foam, Molded)

- <http://www.gamaliel.com/prodcat/earplugs.asp>

Eye Protection

- <http://www.gamaliel.com/prodcat/shooting-glasses.asp>

Shooting towel

- <http://www.gamaliel.com/prodcat/towels.asp>

Gun Rest (Used to safely rest your gun on the ground between stations or stands)

- http://www.gamaliel.com/shootingrests/foam_magnetized_gun_rest.asp

American Trap

Shell Catcher - Used on semi-automatic shotguns to catch empty hulls as they are ejected. This prevents hulls from hitting or distracting nearby shooters.

- <http://www.gamaliel.com/prodcat/shell-catchers.asp>

Ammunition

12 gauge. 1 1/8 ounce of shot. 1145-1200 Feet per second. 7 ½ or 8 size shot.

For lighter recoil

12 gauge. 1 ounce of shot. 1150-1200 feet per second. 7 ½ or 8 size shot.

20 gauge. 7/8 ounce of shot. 1200 feet per second. 7 ½ or 8 size shot.

- <http://www.gamaliel.com/prodcat/shotgun-target-loads.asp>

Choke Tube

- Most shotguns come with 3-5 factory choke tubes specific to the gun you purchased. However there are aftermarket choke tubes available for your shotgun.

For trap, most SCTP shooters will use Improved Cylinder, Light Modified or Modified chokes, though more experienced shooters may shoot Light Full or Full.

- <http://www.gamaliel.com/prodcat/choke-tubes.asp>

American Skeet

Ammunition

12 gauge. 1 1/8 ounce of shot. 1145-1200 Feet per second. 8 or 9 size shot.

12 gauge. 1 ounce of shot. 1150-1200 feet per second. 8 or 9 size shot.

20 gauge. 7/8 ounce of shot. 1200 feet per second. 8 or 9 size shot.

- <http://www.gamaliel.com/prodcat/shotgun-target-loads.asp>

Choke Tube

- Most shotguns come with 3-5 factory choke tubes specific to the gun you purchased. However there are aftermarket choke tubes available for your shotgun.

For skeet most shooters will shoot best with Diffusion, Cylinder or Skeet choked.

- <http://www.gamaliel.com/prodcat/choke-tubes.asp>

Sporting Clays

Ammunition

12 gauge. 1 1/8 ounce of shot. 1200-1300 feet per second. 7 ½ or 8 size shot.

12 gauge. 1 ounce of shot. 1200-1350 feet per second. 7 ½ or 8 size shot.

- <http://www.gamaliel.com/prodcat/shotgun-target-loads.asp>

Choke Tube

- Most shotguns come with 3-5 factory choke tubes specific to the gun you purchased. However there are aftermarket choke tubes available for your shotgun.

For sporting clays you will use multiple chokes depending on the presentation of the target. Skeet, Improved Cylinder, Light Modified, Modified, Improved Modified or Full.

- <http://www.gamaliel.com/prodcat/choke-tubes.asp>

Effect of Choke on Shot String at Various Distances

Circles represent the diameter of a lead shot string (in inches) as distance (in yards) increases.

Bore narrowing is exaggerated for clarity.

